

Total care for patients with life limiting diseases



**ALPHA PALLIATIVE CARE**

An Initiative of Alpha Charitable Trust

**HOSPICES & LINK CENTRES**



[www.alphapalliativecare.org](http://www.alphapalliativecare.org)



0487 2387 072  
0480 2835 100



Medication and all the services such as Doctors Home Care, Nurses Home Care, Day Care and In-patient admission in the hospital is provided **FREE** of cost.

## MILESTONES

- Alpha Palliative Care; Started service at Edamuttam, Thrissur in 2005.
- Services in 3 districts at Thrissur, Alappuzha, Kasaragod.
- 4 Hospices, attached with Physiotherapy Centre at Edamuttam, Thrissur, Alappuzha and Kasaragod
- 'Project Punarjani' for patients with restricted mobility.
- specially trained doctors, physiotherapists and nurses.
- Community owned Santhwana kannikal (Link Centres) for Palliative Care delivery at the hour of the patients need, in block panchayaths.
- Link Centres with Physiotherapy Centre and ITI in block panchayaths.
- Students for Palliative Care Initiative to bring youth into Palliative Care.
- Accredited Training Centre for medical professionals and Volunteers.
- 'Alpha Sakti' rehabilitation programme dealing with housing, self-employment, marriage of unwed daughters of patients.
- 'Alpha Homes' for homeless patients.
- Alpha ITI for vocational training.

# Palliative Care



**P**alliative Medicine is a relatively new branch of medicine which focuses on the care of patients suffering from chronic progressive conditions as well as life-limiting illness such as cancer and end-stage organ failure.

Patients facing life limiting illnesses as well as their families often confront physical, emotional, socio-economic and spiritual distress, which adversely affect the quality of their life. Palliative Care addresses these issues by providing 'Total Care' to the patient at their home environment through a 'Team Work Approach', incorporating not only various Medical Professionals but also Volunteers from the Community.

The Aim of Palliative Care is to alleviate the suffering of such patients by providing relief from pain and other distressing physical symptoms, to provide emotional support by adequate counseling to both the patient and the family, to empower the family and to care for patients at home and to working with community to ensure social and spiritual support.

It is a pity that in our country only 2 % of the patients receive palliative care. Extending access to a much wider community, and to where it matters, is therefore of paramount importance and a key goal of our out-reach programmes.



“

Palliative Care neither intends to hasten nor postpone death; but focuses on ensuring the best quality of life for the patient till the very end.

”



**funds** for  
**Life**

*Be a part of the Palliative Uprising !*

## Memberships Schemes:

### Platinum Class

Sponsor 4 patient's care for 1 year

Rs. 1,50,000/-

### Gold Class

Sponsor 2 patient's care for 1 year

Rs. 75,000/-

### Silver Class

Sponsor 1 patient's care for 1 year

Rs. 37,500/-

### Bronze Class

Sponsor 1 patient's care for 6 months

Rs. 18,750/-

\* Donations to Alpha Palliative Care are eligible  
for tax exemption U/S 80G (5)(VI) of I.T. Act 1961.



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# Alpha Palliative Care

**A**lpha Palliative Care is one of the largest Home Based Palliative Care provider in the country based in Kerala. Alpha hospices working 24x7 hours at Edamuttam, Thrissur, Kochi, Alappuzha, Kasargod and 12 Link Centres in many block Panchayats. Alpha provide Palliative Care for 5500 patients on any given day. Alpha has provided services to over 14847 patients by now. Specially trained doctors, physiotherapists and nurses focus on medical care and hundreds of community volunteers for social care. All services, including Home Care, In-Patient care, Physiotherapy Care with medicines are provided **FREE** of cost to the patient.



# Services offered



## Home Care

(Monday - Saturday, 9 a.m. to 5 p.m.)



## In Patient

(24 hrs, 7 days per week)

## Day Care

(Monday - Saturday, 9 a.m. to 5 p.m.)



## Out Patient

(Monday - Saturday, 9 a.m. to 5 p.m.)

## Project Punarjani

Neuro-rehabilitation physiotherapy.

Monday thru Saturday ( 9 a.m. to 5 p.m.)

Patients with restricted mobility due to accidents, diseases like stroke, polio, people with mentally challenged etc. are transported to the physiotherapy centres for regular care consistently.

## Weddings of Unwed Daughters

Wedding of the close relatives is found to be a major emotional concern of the patient. Consequently Alpha has devised a project for conducting the marriages of daughters and sisters of patients who cannot afford the wedding expenses. Bride-grooms are selected by the family. Alpha provides the arrangements for the marriages as per the customs and rites. Cash gift of Rs. 50,000 and 40 grms. gold jewellery. Sadya (feast) is prepared and served by volunteers. Cultural programmes are conducted by Alpha Kavaladi (A cultural club of patients children). Marriages are conducted twice every year. 45 girls got married to date.

## Santhwana Samanuayam

Santhwana Samanuayam is network of voluntary supporters who donate every month to Alpha. Volunteers run subscription campaigns at their own time. Revenue goes directly to patient care. It is a novel example of community participation.

## Alpha Homes

12 small flats have been provided for patients who lost their homes due to expensive treatments.

## Alpha ITI

An Industrial Training Institute with State of the Art features to empower patients' families by providing free technical education to their children. The institute is also open to the public.

## Alpha Care Home

Alpha Care Home is another venture. It is a home for elderly orphans where people from various religious faiths live together in complete harmony.



## ALPHA LINK CENTRES

Alpha Palliative care would like to establish Hospices with inpatient admission and Physiotherapy facilities in every district capital. Under the supervision of the Hospices and clinical teams, Link Centres with physiotherapy and Vocational Training facilities will be set-up in every block panchyat and major city. These will be owned, financed and operated by the local community. Working with Alpha staff, trained community volunteers, based in these Link Centres, will address the emotional, spiritual, social and financial problems faced by patients and their families and attempt to find a solution locally.



## STUDENTS FOR PALLIATIVE CARE INITIATIVE

Alpha Palliative Care is bringing the young and vibrant student community to spread the message and engage them in Palliative Care projects. Alpha's initiative of "One rupee one Life" is a scheme which encourages each child to contribute one rupee from his/her pocket money towards patients' care. This daily action is a constant reminder of the needs of the people suffering from pain and distress.

### EDAMUTTAM

Name : Alpha Pain Clinic  
Account No. : 67114479699  
Bank : State Bank of Travancore  
Branch : Edamuttam  
IFSC CODE : SBTR0000205  
MICR Code : 680009453

**DONATE NOW**

### THRISSUR

Name : Alpha Pain Clinic  
Account No. : 67114752525  
Bank : State Bank of Travancore  
Branch : West Fort, Thrissur  
IFSC CODE : SBTR0000664



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94977 13976



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Sparsam E-Magazine  
[www.issuu.com/alphapalliativecare](http://www.issuu.com/alphapalliativecare)



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### HOSPICES

**Edamuttam:** P.O. Edamuttam, Thrissur, Kerala-680 568, ☎ 0480 2835 100, 200

**Thrissur:** Pottayil Lane, M.G Road, Thrissur-4. ☎ 0487 2387 072 / 082

**Alappuzha:** AMC.XI/150, Near Tiny Tots School, Indira Junction, Alappuzha-688 006. ☎ 0477 2234 700

**Kasaragod:** Building no: 16/631, Chengala Pachayath, Padinjare moola road, Alampady P.O., ☎ 04994 280036 / 94977 13936



Edamuttam



Thrissur



Alappuzha



Kasaragod

### LINK CENTRES

Kaipamangalam: ☎ 90488 06828 | Edathiruthi: ☎ 97458 44552 | Orumanayur: ☎ 0487 3107 282 | Irinjalakkuda: ☎ 85940 27445

Chelakkara: ☎ 04884 253334 | Arimbur: ☎ 75590 09020 | Mala: ☎ 97460 97711 | Thalikulam: ☎ 70251 89983

Paravur: ☎ 0484 2441313 | Koothattukulam: ☎ 0485 2252556 | Chalakkudy: ☎ 81118 23313 | Kodungallur: ☎ 90484 92262



Kaipamangalam



Edathiruthi



Orumanayur



Irinjalakkuda



Chelakkara



Arimbur



Mala



Thalikulam



Paravur



Koothattukulam



Chalakkudy



Kodungallur

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